

**LACDMH CELEBRATES 20TH ANNUAL ASIAN AMERICAN
MH TRAINING CONFERENCE**
By Karen Zarsadiaz-Ige, LACDMH Public Information Officer



The Los Angeles County Department of Mental Health (LACDMH)'s Consortium on Asian American Mental Health Training organized the 20th annual Asian American Mental Health Training Conference on Thursday, October 16, 2014. This year's conference, entitled *Asian American Mental Health: Past, Present and Future*, took place at the Almansor Court Conference Center in Alhambra. The original speakers who presented at the first conference were able to appear and present at this year's event.



The annual conference is open for all clinicians. This year's training reflected on significant mental health issues and addressed future needs of Asian Americans. From the training, attendees can better understand issues relevant to the Asian American community and confidently apply culturally appropriate treatment. This year's

conference placed special emphasis on school violence, addiction and family intergenerational conflicts.



The all-day conference included three plenary sessions and speakers (*Culture, Ethnicity and Psychopharmacology*/Keh-Ming Lin, MD, MPH, Professor Emeritus of Psychiatry, UCLA; *Cultural Issues in Formulation and Diagnosis*/Francis Lu, MD, Luke & Grace Kim Professor in Cultural Psychiatry, Emeritus, UC Davis; and *Behavioral Analysis of Targeted School Violence*/Jeffrey Cugno, MS, FBI Special Agent). There were also three workshops (*Family Therapy with Asian Americans: Principles and Practice*/Stephen Cheung, PsyD, Azusa Pacific University; *Evolving Asian American Families: Facing Intergenerational Issues*/Clayton Chau, MD & Suzie Dong-Matsuda, PsyD, LA Care Health Plan; and *Progress in Managing Addictive Disorders in Asian Americans*/Timothy Fong, MD, University of California, Los Angeles).